



Concho Valley Regional Food Bank

ITEMS FOR A FOOD DRIVE

IF POSSIBLE, GET POP TOP CANS

Canned proteins or proteins in pouches, for example:

Tuna, canned or in pouches

Chicken, canned or in pouches

Spam

Chili with or without beans

Brisket in a pouch

Beans, Hearty Soups

Fruit cups

Canned fruit

Crackers—peanut butter, cheese, etc.

Saltines

Granola bars or other breakfast type bars

Peanut Butter

Jam or Jelly—no glass jars

Cereal, large boxes or individual sizes

Shelf stable milk

Spaghetti Sauce, plastic container or canned

Rice

Beans

Dry pasta

To ensure food safety, CVRFB can't use: Glass containers, home canned or homemade goods, rusty or unlabeled cans, alcoholic beverages (mixes or sodas), baby food, over-the-counter or prescription drugs, food after or close to expiration date, or opened items